## 2018 White OAK



THE HOUSATONIC MOUNTAINEERS

## We Are...



We are the Mountaineers | 2018
White Oak Yearbook | Volume 77

Housatonic Valley Regional High School
246 Warren Turnpike
Falls Village, CT 06031
(860) 824-5123
www.hvrhs.org

## Dr. Jose Martinez | Principal

Mr. Ian Strever | Assistant Principal


WHO ARE WE? We are adaptable, rugged, spirited, and bold. We accept nothing but our best. We are flexible when faced with challenge and change. We are enthusiastic and resilient, determined, ambitious, and irrepressible. We are moving forward and moving on. We are the monumental, mighty, meaningful, momentous, majestic, almighty mountaineers.

Throughout the school year, we attempt to reach the highest point of success and we branch out into our individual special interests. In this way, we represent the different aspects of a mountaineer striving for the pinnacle. Our school consists of artists, musicians, agriculturists, athletes, actors, singers, writers, historians, scientists, mathematicians, educators, photographers, mechanics, engineers... and the list goes on.

Mountains have always presented a challenge and mountaineers have always accepted that challenge. The loftier the challenge, the greater the desire to conquer it, to climb the highest peak, and to enjoy the thrill of success. The mountaineers of Housatonic Valley Regional High School are empowered to move on to their next adventure.


DISTRICT SOCIAL AT LAURELBROOK FARM. Naomi Dalmida,
Alyssa Holback, Bella Anderson, Susanna McCarthy, Delaney Sheehan. TOP PHOTO. Juniors pull together at the Tug-of-War event during the Turkey Olympics.


## MOUNTAINEERS



NATIONAL ANTHEM. The Pequot League football players raise their helmets during the playing of the National Anthem.


ENJOYING THE SHOW. The JV Volleyball team watches the Fall Pep Ralley before their game: Valentina Arango, Molly O'Connor, Valerie Lenis.

## THIS IS dedicated to the ONES WE LOVE

Q\&A with the Doc
Why did you decide to become an administrator? My first administrative job was as a department chair for math and science. I enjoyed working directly with teachers to support their planning and implementation of good instruction. By working with teachers, I have been able to positively influence a larger number of students.

What's the biggest change you've seen in education?
The internet and instant access to information. Instruction in the classroom has evolved with these changes (e.g. Google classroom, student Chromebooks, online courses, access to databases, etc.). Many of the changes have been positive and beneficial.

What are you especially proud of regarding your time at Housy?
1 am proud of the way 1 led and supported the implementation of Chromebook computers for every student. The year before the Chromebooks were issued to students, the teachers were trained (often by their colleagues) in the use of programs, Google Classroom, online resources, etc. By training teachers first, the implementation with students was a fairly seamless transition.
1 am also proud of the increased opportunities for students to earn college credit through UConn and NCCC. Over my four years the number of "dual enrollment" courses increased from two to six and the number of students who were able to earn college credits increased substantially.



Spencer Barry, Eliana Calhoun, and Amelia Budny chat with Dr. Martinez before lunch; Dr. Martinez with Team Faculty at the Turkey Olympics; a chat with Juan Vanicky.

## TELL US ABOUT IT students share their memories of our retiring principal.



ABBY ADAM
Dr. Martinez is really supportive of all the activities in the high school. He doesn't favor one over the others and I appreciate that.


EGI CANIA
Dr. Martinez makes you feel like you belong. If you need advice, he treats you like an adult. And he loves his job! There's not a day he's not smiling.


MASSYL MALLEM
He makes himself available. My first day of school here I didn't know he was the principal and I didn't know where my next class was, so Dr. Martinez took the time to walk me to Mr. Krupa's room. It speaks


## MADELYNN OLOWNIA

Dr. Martinez is very welcoming. He's always smiling and outgoing with students.


Music Man
Our much beloved Mr. Krupa has been the music teacher at Housatonic for 14 years. He enjoys the creativity that music so easily allows. "I love to write music and invent new melodies. I enjoy how in music, you can make something feel new by changing just a few things."

In addition to Band and Chorus, Mr. Krupa teaches Music Theory, Music Technology, and Independent Study. His favorite part of the job is his interactions with students. "I love seeing their triumphs when they learn something new, and seeing their growth over time, from freshman to senior year.

He says that the "connection with people" is one of the most powerful things about music. Music tends to bring people together. And so does Mr. Krupa.


Eliana conducts the choir as Mr. Krupa watches.

## WHY IS MR. KRUPA AWESOME? Thoughts about our teacher.



## DANNY SAED

Mr. Krupa inspires his classes to stay focused on learning whether he's present or not. We all respect him.


## JOSH BRINSON

There hasn't been a day Mr. Krupa forgot to thank me for my work in the music department. I don't think there is any teacher who brightens my day more. Music is my home and the music students and teacher are my family.


## HARRISON TILLOU

Mr. Krupa is generous with his time, especially since he doesn't get annoyed. He takes his time with people until they understand.


## KADIE FORD

Mr. Krupa is very knowledgeable and he's passionate about his job. We can tell he loves teaching.


When Mountaineers get involved, their monumental spirit and dedication are contagious. Whether enjoying the goofy games of the Turkey Olympics on a Friday night, practicing for a concert in school and after school, rehearsing for a musical production almost daily, or volunteering about town to meet the requirements for their Supervised Agricultural Experience, Housy Mountaineers play and work with pride.


ENJOYING THE TURKEY OLYMPICS. Gabriel Castro-Cruz,
Jeffrey Palmer, Micah Matsudaira, Dale Palmer, Daniel Zapata Bonet TOP PHOTO. Sopranos and altos rehearse for the winter concert.


## STUDENT LIFE



AWAITING THEIR LINES DURING THE KING AND I. Rebekah Larson,
Brianna Webb, Mary Riccardelli


PONY RIDES. Alyssa Holback and Sammie Starr cleaning up after putting in SAE volunteer hours at Lucky Orphans Horse Rescue.


## TOP TEN




# HOMECOMING 



## NIGHT of LIGHTS

TO WELCOME US HOME was every color of the rainbow. Lazer and strobe lights accompanied the music. The song list was a mix of modern dance music and pop. The music and light show was put on by Howland Sound \& Light, Housatonic's very own Jonathan Howland.


HOUSY TRINGEORMED
Jrs \& Srs put on a scary show




|  |  |  |
| :---: | :---: | :---: |
|  |  |  |



## H月(INTED H月LLWHY5



THE HAUNTED HOUSE TOUR
Juniors and seniors give tours through the halls of a school gone mad. As the story goes, the school ran out of money and the cafeteria started serving students to other students. The obvious consequence? Some students went mad from the cannibalism. To raise money in hopes of halting the slaughter, insane students guide participants through the scary sites: bloody hallways, a morbid courtyard, a butcher's slaughter room, all while bloodied butchers lurk in the shadows.

## Turkey OLYMPICS

Housy's Turkey Olympics has been a tradition since 1981. The event is held on the Friday before Thanksgiving each year. The laughter and cheering can be heard throughout the building, and this year was no exception. Below, teams compete in the Knot event.


## BUILD A BETTER MUMMY





Classes are pitted against classes. Students are pitted against teachers. It gets ugly. In the end, only one team is left standing. For this tug-of-war, retired science teacher, Mr. Peck, contributed to the faculty effort.


## SENIORS WIN THE TURKEY TROPHY

Seniors are elated they've won the coveted Turkey Trophy.


# FFA BANQUET 

## WE BELIEVE IN THE FUTURE OF OUR WORLD



Before the ceremony. Naomi Dalmida, Emma Adam, Delaney Sheehan, Abby Silvernail


## HOU

 Ag Production \& Holiday SaleBefore Holiday Production begins, teachers train students to use a register, run a debit card, make and decorate products, etc.

Then students set to
work. In their agricultural classes, students create, from scratch, holiday wreaths, mistletoe balls, and cemetery boxes. Every class has specific jobs to contribute to the cause. Next, students sell their creations, Christmas trees, and poinsettias.


Shirleen Santiago and Delaney Sheehan assemble the products.


Gabe Castro-Cruz attaches ribbons to holiday wreaths; Kory Madden, Nolan Stoddard, and Alex Melius choose branches for the wreaths; Austen Reid secures a Christmas tree to the roof of a customer's car.


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FROM TOP:
Students
trim branches in the workshop; Cassidy Knutson and Delanie Werner put on the finishing touches; Lancelot Oyanadel, Justin Roux, and Diontae Ouellette prune branches for making wreaths, mistletoe balls, and cemetery boxes. choose branches.


HANDS ON LEARNING. Connor Kellner, Jessica Serna, and Sam Taylor manage the Christmas tree sale; Lauren Murtagh makes bows for the wreaths; Mr. Burdick teaches Jessy Haggard about managing sales.




The King of Siam: Joshua Shakeshaft Anna Leonowens: Marijke Stiffler Tuptim/Narrator: Abigail Dodge Lady Thiang: Carianne Callinan Lun Tha: Dean Saccardi
Sir Edward Ramsey: Benjamin Upson
Captain Orton: Konnor Curtis Interpreter: Arieh Saed
The Kralahome: Victor Flores
Phra Alack: Daniel Saed
Louis Leonowens: Harry Sanders
Prince Chulalongkorn: Elias Abbott
Princess Yaowalak: Lillian Wang
Royal Wives: Sarah Cattelan, Charlotte
Clulow, Anujit Kongkasri,
Rebekah Larson, Tabitha Maffucci,
Aidan McCarthy, Mary Riccardelli,
Brianna Webb
Palace Guards:
Jason Lambert, Marco De Pascali Pepe Amazons:
Emelia Luz, Sarah Upson
Royal Children:
Keaten Cosentino, Katie Crane, Richie Crane,
Katie Diamond, Hannah Johnson, Dylan
Juliano, Lillian Juliano, Angela Kim, Alexa
Meach, Lucy Ober, Cadogan Scimeca, Phurba
Tenzing Sherpa, Lillian Wang

## Royal Ballet:

Eliza: Rebekah Larson
Simon Legree: Brianna Webb
Topsy: Anujit Kongkasri
Little Eva: Tabitha Maffucci
Uncle Thomas: Daniel Saed
Angel/George: Arieh Saed

## Royal Dancers:

Elias Abbott, Konnor Curtis, Jason Lambert,
Aidan McCarthy, Marco De Pascali Pepe,
Ellie Sanders, Harry Sanders,
Sarah Upson, Allison Wang
Royal Chorus:
Carianne Callinan, Sarah Cattelan, Charlotte
Clulow, Emelia Luz, Mary Riccardelli
Student Musician in the Orchestra:
Emily Abbott on Flute
The Crew:
Spotlight operators:
Allison Cole
Micah Matsudaira
Poster and Program Cover Design:
Maggie Bickford, Elias Hill, Calvin O'Connor


## Junior Prom

Junior class president, Vittor Flores, introduces the Prom Court: Matt Lopes, Dean Saccardi, Olivia McCarthy, Zach Ongley, Caleb Shpur, Abby Dodge, and Caroline Hurlburt. And the crowns go to Abby Dodge \& Dean Saccardi.


The Junior Prom Committee did a lovely job with invitations and decorations. The committee consisted of Victor Flores, Brierley Lloyd, Susanna McCarthy, Nicole Gorat, and Anna Coon as class council representatives. Also working on the prom committee were Caroline Hurlburt, Abby Dodge, Madelynn Olownia, Sophia Woods, Tianna Togninalli and Maebel Spencer. And of course, junior class advisers Letitia Garcia-Tripp and Anne MacNeil were amazing as usual.


Faculty chaperons joining the fun: Dr. Jose Martinez, Junior class advisers Anne MacNeil and Letitia Garcia-Tripp, Jeff Tripp, Beth Dinneen, John Samaha.



## where IN THE WORLD?

The Foreign Exchange Students this year are from diverse places and very different from rural Connecticut. In Mönchengladbach, Germany, Max and his friends have always taken their bikes to and from school and where ever they want to go in their small city. At his school, extra help with academics is not offered. But, "tenth through twelfth grade are really important years because you have to take a test in order to graduate." With his host family, Max has taken many family trips, NYC and the Adirondacks being favorites. And at Housy, Max played sports all three seasons. In Argentina, Cande's small northwestern city is near the towering Andes Mountains. "It's like a desert with mountains. Very dry." At her school, students specialize in either natural science, social science, or economic science, and Cande chose the social sciences. "You still have math and literature no matter what you pick, but my math isn't like the math in economic science." Cande also attended an English Institute twice each week after school. There, and at Housy, she plays field hockey and softball. Culturally, Cande and Marco both find Americans take things too seriously. Marco explains, "At home, people will be very politically incorrect but you joke about it. Here, I have to think about it three times before I say something." However, at Marco's school in Milan, Italy, "teachers are very serious and don't joke. They're serious about what we have to do, and I study every day from 2 to 8 ." Italian high schools are categorized by subject and Marco attends a linguistic school. He's earning three International Baccalaureate degrees: Italian, French, and Spanish, meaning he'll take the graduation exams for all three countries. But Marco will miss the the way school here is less rigid. "You get to meet more people and you can do things that you enjoy. We have no art classes and no chorus. I love to sing but at home there is no time for it because of studying. Here, I can because of the chorus class and after school activities like Heartbreakers." Marco also participated in the musical, Night Choir, and track and field. Jaa's school in southern Thailand is also "really strict and really hard. I have to wake up at 5 and go to bed at 12." Her school requires foreign exchange students to repeat the year. "I want to repeat because I want my knowledge to be really, really good." At Housy, Jaa participated in the musical, chorus, and field hockey. She also let her hair grow, because at her school, "it's required that we all have short hair." She looks forward to returning home to the beautiful beaches and people she misses. "I miss my food, my family, my friends."




Mr. Lizzi's Housatonic Debate Team earned many accolades this year.
At the October Connecticut Debate Association tournament, the team placed second. They then had a third place finish at the Connecticut Debate Association November tournament. The team also qualified for State Finals. Topics the team debated include:

- The U.S. Should Prohibit The Use of Software Developed in Russia and China.
- Artificial Intelligence Poses a

Threat to our Future.

- Presidential Democracy is Superior to Parliamentary Democracy. - The U.S. Should Expand and Modernize its Nuclear Arsenal.
Colleges Should Disinvite Speakers Likely to Cause Disruption.
- Consumers Should Be Paid for Use of Their Personal Date. At the Yale University Debate Tournament, Jared Taylor earned the Third Place Speaker Award, and Massyl Mallem earned the First Place Speaker Award. At the Connecticut Debate Association Tournament, Jared Taylor placed sixth and Massyl Mallem placed second.


ACCOLADES. At the Yale University Debate Tournament, Jared Taylor earned the Third Place Speaker Award, and Massyl Mallem earned the First Place Speaker Award. At the Connecticut Debate Association Tournament, Jared Taylor placed sixth and Massyl Mallem placed second.



Dubbed a varsity Sport for the Mind, FIRST Robotics Competition combines the excitement of sport with the rigors of science and technology. Under strict rules, limited resources, and time limits, our Housy students are challenged to


## WHO'sCTECKS? ROBOTICS CLUB

## The Ultimate Sport for the Mind



I


The Academic Bowl team competed in two national online tournaments, one in the fall and one in the spring. The team finished first in Connecticut for both of these competitions, which put us at second in New England in both and at the top $15 \%$ nationally. We also competed at the 5 Connecticut State championship and at the Connecticut Geographic


## ACADEMIC BOWL

 Academic Excellence in Action

## Connecticut State Champs!



## academic bowl quiz

Match the answers to the questions below.

| astronomy | Missouri | German |
| ---: | ---: | ---: | ---: |
| 1 | 2 | 3 |
| Chromium | Nevada | Honduras |
| 4 | 5 | 6 |
|  |  |  |
| 7 | astrophysics | Hydrogen |
|  | 8 | 9 |

_A. The largest internal organ as well as the largest glandular organ, it's used to filter blood.
_ B. The USS $\qquad$ was the only U.S. battleship present at both the Japanese attack on Pearl Harbor and the D-Day invasion.
__C. Name the only Central American nation next to both the Yucatan Peninsula and the Pacific.
_D. Between his re-election and 2nd inaugural, President Lincoln saw what most westerly slave state in the Union abolish slavery?
$\qquad$ E. Name the gas produced when perchloric acid reacts with aluminum. _F. Which element is added to steel to make it stainless?
G. From what language were the words "hinterland" and "pretzel" borrowed? _H. The name of this study comes from the study of the universe combined with the field of study they are using to look at that space since it is the science of studying matter and motion, space and time, and related concepts such as energy and force.
_I. This field of study involves objects in their interstellar medium but is not concerned with their positions within that medium.

Answers
A:7, B:5, C:6, D:2, E:9, F:4, G:3, H:1, I:8

## ENYIROTHON

The Envirothon is North
America's largest environmental competition for high school students. This year, Housatonic fielded two teams at the state-wide competition alongside 40 teams from around the state (with a chance to go to the North American Event). At Topsmead State Forest in

Litchfield, the teams competed in the areas of forest ecology, wildlife biology, soils/land use, aquatic ecology, and a current issue. One Housy team placed second in the state (Lauren Murtagh, Victor Flores, Ella Matsudaira, Micah Matsudaira, Eli Hill). Another Housy team placed sixth in the state (Cameron Majette, Lily Bibro, Valerie Lenis, Emerson Rinehart, Elias Abbott).



## CONCERT CHOIR

CHOIR MEMBERS Emily Abbott Abigail Adam Elisabeth Besmer Amber Flint Nicole Gorat Amber Hill Taylor Hosier Anujit Kongkasri Rebekah Larson Perla Lopez Tabitha Maffucci Katya Winnser Eliana Calhoun
 Sarah Cattelan Autumn Freudenberg Hannah Gilpatric Sadie Grusauski Zyaja Huggan Teagan Lynch Melissa Mauri Lauren Murtagh Natalie Nestler Miri Rinehart Gavrayla Schuster Mia Tittmann Sarah Upson Kacie Viel Kaylyn Vogel Marco de Pascali Pepe Victor Flores Joshua Shakeshaft Nicholas Suby-Brown Joshua Brinson Matthew Buxton Konnor Curtis Colby Harrington Jason Lambert Zachary Ongley Daniel Saed Benjamin Upson



CONCERT CHOIR ON STAGE.
The concert choir performing at the Winter
Concert



## Night CHOIR <br> Marijke Stiffler

Aidan McCarthy Carianne Callinan Lauren Murtagh Ella Matsudaira Anna Coon Christina Winburn Abigail Adam Miri Rinehart Sarah Cattelan Sarah Upson Tabitha Maffucci Amber Hill
Charlotte Clulow
Sarita Oyanadel
Micah Matsudaira Benjamin Upson Caleb Shpur
Dean Saccardi
Matthew Chin
Victor Flores
Daniel Saed Elias Abbott


Josh Brinson performing a beautiful solo at the Winter Concert.


# SWEETHEARTS HEARTBREAKERS 



SWEETHEARTS HEARTBREAKERS
Marijke Stiffler
Aidan McCarthy Carianne Callinan Lauren Murtagh Ella Matsudaira Anna Coon Christina Winburn Abigail Adam
Miri Rinehart


## BAND MEMBERS

Emily Abbott
Allison Black
Susanna McCarthy Lauren Murtagh Joshua Shakeshaft Livia Fallon
Myah Baird
Paul Bannister
Anna Coon
Kadie Ford
Haley Leifert

## BAND 8: JAzz BAND

## 

Marin Montoya
 Annabelle Kovacs
Sydney Sears Eliana Calhoun Elias Abbott Marguerite Bickford Carianne Callinan Zyaja Huggan Spencer Krenitsky Jenna Luz Aidan McCarthy Mich ael Peirce Dean Saccardi Antonio Santiago-Nicolas Christina Winburn Lucas Calhoun Austen Cole Marcus Winburn Luke Mollica Nicholas Winburn Charlotte Clulow Bethany Conti
Derek Elias
Jacob Ellington
Cameron Foley
Dartanian Oyanadel
Ken Zeng
Matthew Chin



# WHITE SMALL BUT MIGHTY 

 The small 2018 White Oak yearbook staff was led by Co-editors Tresa Ashman and Jonathan Howland (shown right). Together they gathered information, snapped photographs as needed, interviewed students and faculty, and created and collated several surveys to include in the yearbook. They worked to make the yearbook as inclusive as possible for their classmates.HOW TO MAKE A YEARBOOK


Step 1 - Show up to events and take photos.
Step 2 - Create a ladder (publishing speak for what goes on which page). Step 3 - Collect information/interviews/quotes and layout the pages. Step 4 - Print the proof pages and scrutinize carefully.
Step 5 - Correct errors and omissions (aka things we totally forgot).
Step 6 - Submit the pages.
Step 7 - Sleep.



WE ARE THE YEAR'S RECORDERS



Housatonic's athletic program boasts one of the highest participation rates in the state of Connecticut; seventy percent of the mighty Mountaineers participate in at least one sport during each year. The Housatonic Mountaineers believe that athletics are an extension of the classroom where meaningful lessons are taught by our coaches and learned by our student-athletes; the values of teamwork, leadership, and sportsmanship are an integral part of our athletic program.


DEEP BREATH! Matthew Chin comes up for air during a relay. TOP PHOTO. Girls cross country team reaches the crest of the hill at White Memorial.



IIGGING DEEP FOR THE WIN. Anna Coon stops the ball, sending it back to the pponent's court


AND HE SCORES! Connor Toffey makes it past the defense to the goal.

## CROSS COUNTRY

## THE FAST \& THE FURIOUS

## OF HOUSATONIC VALLEY

 first state race! Also noteworthy is Brooke Stampfle earning a medal in the girls' varsity race for her 25 th finish at the Stratton Brook Invitational. The lead runners for the girls pack were both freshman, Brooke Stampfle and Charlotte Clulow. The future is bright for the girls' team. The boys met many personal bests throughout the season. The runners continue to impress their coach by their amazing work ethic and sense of family, cheering on and supporting each other regardless of where they place in a race.-Coach GT

FOR the LOVE of RUNNING

Why do you run? Colby Harrington-Because running is
the best exercise! Nicole Gorat - I run for the exercise. It makes me stronger. Ben Foster - Running feels good. It gets my mind off of life and gives me something to focus on. Robert Murtagh - Running feels great, like I can do anything after a run. Olivia McCarthy - Because GT convinced me it was fun! And sometimes it's not horrible :) Gavy Schuster - Because it's such an energy boost!


ATHLETIC LIFE



TEAM MEMBERS. John Bartram, Troy Brazee, Anthony Clark, Austen Cole, Dylan Crump, Maxwell Dodge, William Fallon, Jacob Gladding, Eric Hickey, Nicholas Hiller, Noah McCray, Alex Melius, Patrick Merrill, Nicholas Sheltra, Jacob Simonds, Alexander Vernali



łousatonic football players are part of he MCW United co-op team, along with Volcott Tech and Wamogo.



Coach Richardson with Alex Vernali

## GIRLS VARSITY SOCCER

## 66

The highlight of this season was being able to play with four seniors who have been together on varsity soccer since freshman year.
-Molly Dowd
66
Your Team vs Our Family -Jessica Serna


Above right: Emily Geyselaers flying to the ball; L-R: Molly Dowd saves the day; Chloe Turner at Senior Day on Halloween with her little sister; Teagan Lynch scooping the ball away from the opponent; Cameron Foley conferring with teammates; Hannah Quiroz coming in fast to steal the ball; Jessica Serna at Senior Day.



SENIORS. Chloe Turner, Hannah Quiroz,
Teagan Lynch, Molly Dowd, Emily Geyselaers, Cameron Foley. Not Pictured: Jessica Serna


## SEASON HIGHLIGHTS

The boys varsity soccer team had a challenging season this fall. Just the same, highlights of the season were wins against rivals Shepaug and Wamogo. They boys also played hard for a close win against the equally-matched Thomaston team.


SENIORS. Jacob.Burcroff, Zach Wilkinson, Johan Diaz, Calvin O'Connor, Juan Sanchez, Eli Hill




SENIORS. Pictured right: Ana
Tittmann, Sydney Sears, Olivia Forstmann, Autumn Freudenberg,

Megan Baldesseri



Set it Up!


TEAM MEMBERS.
Pictured at left, FRONT:
Amelia
Budny, Ana


Tittmann,
Anna Coon, Jillian Diamond, Sarah Cattelan. BACK: Sydney Sears, Madelynn Olownia, Megan Baldesseri, Olivia Forstmann, Autumn Freudenberg, Hannah Gilpatric, Jenna Luz


COACH DOUGLAS. Our volleyball season was hard fought and filled with some upsets and tons of emotion. We contested in games that could have tipped in either direction but we couldn't nail down a win. The girls were great and they continued showing up every day to train and develop their fundamentals. Highlights of the season include a full squad with new senior members who kicked it on the net, as well as Megan who consistently put own key points to get momentum back for a new rally. Iso, we developed a new defense-offense pair with Coon nd Mo, who will be dominating next season. This year was building year for relationships and talent, but through it II, our girls were a fantastic group of athletes and I am roud of our season.


## GIRLS JV SOCCER



FRONT: Madison McNealy, Mia Tittmann, Kaylie Anderson, Ornella-Grace Rufo MIDDLE: Sydney Clark, Kirstyn Hoage, Elaine Dekker, Sammie Sheldon, Paige MacNeil, Abigail Coolbeth. BACK: Maggie Bickford, Lauren Murtagh, Jessica Serna, Abby Larson, Abigale Wayne, Tianna Togninalli, Mackenzie Hunter, Emma Walsh, Coach Rogers

66
As a senior who chose to play JV soccer, I can honestly say that it has been one of my favorite seasons. Being able to work with the younger players and help build them into better players was one of my favorite parts of this year! -Lauren Murtagh



# JV Volleyball 




FRONT: Allison Black, Sarah Cattelan, Tanya Arango, Jillian Diamond. MIDDLE: Kacie Viel, Jessy Haggard, Valerie Lenis, Elle
Raftery: BACK: Hannah Gilpatris, Jenna Luz, Molly O'Connor, Lindsey Clark




FRONI: Anuit Kongkasti, Brianna Nebo, Sofia Rincoñ, Myah Baird, Cande-Quenai, Haley Lefiert, BACK: Danielle Gorat, Abby Vandêusen, Zyaja Huggan, Hope Carlson, Annabelle Kovacs, Molly Menniges, Hope Aragi. NOT PICTURED: Jada Wilson

ICE
Housatonic Ice Hockey finished the season on a 3 game winning streak earning a birth in the CIAC State Tournament for the 6th consecutive year. The team was led by Captains Connor Toffey and Jack McAuliffe. During the season, they also won the coveted Berkshire Cup for the 12th consecutive year over rival Shepaug.
-Coach Diamond

 Conference First Team, and Molly Dowd and Genevieve Bushey named to the Second Team. Our girls' ice hockey co-op had 6 out of its 13 honored, and our Housy girls were 3 of the 6 .


66
The oportunity to represent the Housy girls' hockey talent, which fed into the first ever girls hockey co-op with
 Suffield, was an honor and pure joy to be a part of. The efforts and passion towards the game brought us closer to each other and our overall success this year.

## -Ana Tittmann

## Alpine SkiIng



## dive

SEASON HIGHLIGHTS
Even though the 20172018 swim team didn't finish with a winning record, individuals on the team were able to shine. This year 12 members of the 15 made it to the Berkshire League Championships, where they held their own in each heat. The team was comprised of many new swimmers who were able to learn the skills they needed to eventually become some of the fastest swimmers in the league! Through the coaches'
encouragement, the season was one to remember, as members look forward to building the team even more in the coming years!



CAPTAINS. Lauren Murtagh, Matt Chin, Mackenzie Hunter



## 66

Although swimming may be a sport that is comprised of individual events, our team is nothing but encouraging and supportive to one another. Even though we aren't a winning team, we are a team that has fun at every meet and practice! -Lauren Murtagh

# Girls Varsity 

## BASKETBALL





FRONT: Ella Segalla, Sierra O'Niel, Christina Winburn, Anna Coon. BACK: Coach Dodge, Emily Geyselaers, Alison Holmes, Olivia Forstmann,
Caroline Hurlburt, Madelynn Olownia
 ENIORS, Alison Holmes, Oliva WF



## BOYS VARSITY

 BASKETBALLTEAM MEMBERS. FRONT: Caleb Shpur, Troy Brazee, Charlie Kaufman, Michael Peirce. BACK: Zachary Ongley, Alex Kellner, Briceson Barry, Cameron Ackerman Faedi, Spencer Barry, Xavier Johnson, Evan Miller, Coach Magyar



SENIORS.
Alex Kellner
Spencer Barry

## JV Girls Basketball

TEAM MEMBERS. FRONT: Emma Walsh, Kirstyn Hoage, Kaylie Anderson, Madi McNealy, Kayleen Considine. MIDDLE: Ella Segalla, Abby Coolbeth, Jessica Serna, Maggie Bickford, Natalie Nestler, Paige MacNeil, Patience Tindall. BACK: Hannah Gilpatric, Coach Hall, Abby VanDusen.


## JV Bors basketball

TEAM MEMBERS. Kevin Arango, Egi Canie, Shea Cohn, Jacob Gladding, Benjamin Gruen, Eric Hickey, Noah McCray, William Murphy, Noah Odell, Diontae Ouellette, Ivan Pascasio, Logan Riley, Jordan Shaw, Nicholas Sheltra, Jace Tomaino, Coaches Pete Foley and Brendan Nania.

## JV Boys Baseball

TEAM MEMBERS. FRONT: Eric Hickey, Robert Murtagh, Nick Sheltra, Justin Roux, John Purdy, Keaton Terrall, Derek Elias. BACK: Shea Cohn, Jacob Simonds, Aidan Barr, Max Dodge, Patrick Merrill, Noah McCray, Nick Dodge, Coach Terrall.


SEASON HIGHLIGHTS Spectacular moments from this season include Emily Geyselaers' sprints, long jump, and high jump; Alison Holmes' middle distance and discus throw; Spencer Barry's high jump 400 meters; Leo Villanes' sprints; Will Fallon's javelin throw; and Xavier Johnson's sprints. Several underclassmen are promising athletes, so the future looks bright for the Housatonic Track and Field team.



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FRONT: Zyaja Huggan, Alexis Galgano, Aiyana Miller, Nicole Gorat. MIDDLE: Diontae Ouellette, Charlotte Clulow, Liam Money, Jordan Shaw, Austen Cole, Patience Tindall, Natalie Nestler, Xavier Johnson. BACK: Coach Burdick, Alex Palmer, Marco de Alison Holmes, Liam Murphy, Spencer Barry, Jacob Gladding, Leonardo Villanes-Medina, Coach Lovejoy, Coach Davis



The 2018 Girls tennis team was relatively young, thin on experience and, therefore, struggled to win matches. We also dealt with a myriad of physical injuries, which impacted court play. Captain Jessica Serna was our only senior. She competed at the second singles spot this year after playing mostly doubles in the past. Juniors Ella Matsudaira (1st singles) and the Anna Coon-Maddie Dekker duo at 1st doubles are the only other players who had consistent varsity experience before this year. Several first year players stepped up, worked hard to improve, and their commitment bodes well or next year's team. Despite our inexperience, we had a plethora of matches that went to tiebreakers, indicating the players competed hard throughout the year.
-Coach Rufus de Rham


Left to right: Molly Menniges, Anna Coon, Abigail Larson, Jessica Serna, Hannah An, Sarah Upson, Neve O'Connell, Lindsey Clark, Jenna Luz, Marijke Stiffler, Molly O'Connor, Elle Raftery, Madeline Dekker, Ella Matsudaira, Jessy Haggard, Sammie Sheldon, Sammy Starr, Melissa Mauri, Elaine Dekker, Valerie Lenis


Serving it up!



## SEASON HIGHLIGHTS

The boys tennis team had an incredibly successful season. The team lost 5 of the starting 7 players from last season, but an influx of talent and others stepping up led to a $12-3$ season, second place in the Berkshire League. German exchange student Max Klomp was undefeated at \#1 singles, the Berkshire League Singles Champion, and the Class 5 State Champion! Singles player Captain Jack Scarpa provided the positivity and leadership that all teams need. Sophomore lan Danforth-Gold played \#3 singles and greatly improved, winning important matches along the way. Our \#1 doubles team of sophomore Harrison Tillou and freshman Micah Matsudaira have impressed opposing coaches with their games. Seniors Paul Bannister and Ben Upson came together at \#2 doubles and provided some clutch wins. All players worked hard to improve and will look to contribute even more next season.
-Coach Tripp



TEAM MEMBERS
Coach Tripp
Ryan Considine
Juan Vanicky Micah Matsudaira Harrison Tillou Paul Bannister Ian Danforth Gold Max Klomp Ben Upson Matt Chin Brandon Sorrell Anthony Fenn Jack Scarpa River Greenbaum


Playing a sport that isn't competitive, and loosing every match is one thing. It's fun. However it is a whole different game when you are competing for something. Competition makes the wins sweeter and the losses more of a learning experience and nothing taught me that like tennis. -Paul Bannister
Tennis taught me how to be quicker on my feet and anticipate better than my opponent. A highlight of my senior season is it was my first year starting on varsity and I realized my skills had definitely grown since freshmanyear. -Ben Upson


## Girls LACRosse

6 Having put together a last minute team, the record we've earned was through pure determination and hard work. I owe my last season to all of the new girls who stepped up to play one of the most thrilling, grueling and competetive sports at Housy. -Ana Tittmann

6 Best moments... still having a successful season after graduating many talented seniors. Also, beating one of our rivals, Watertown High School, twice. -Molly Dowd



## SEASON HIGHLIGHTS

After some serious recruiting, the girls lacrosse team had 17 players, with seven brand new players (five freshman, one sophomore and one senior). Despite the team's mix of various experience and skill levels, they pulled through with a great deal of enthusiasm and spirit! It is a "rebuilding" year full of learning and fun. Hopefully this young group will continue to play and keep HVRHS girls lacrosse thriving. -Coach Bushey


## WE ARE THE CHAMPIONS!

## Players Named to All-League Team

In addition to the team winning the WCLS Conference Championship, five Housatonic lacrosse players were named to the WCLC Conference AllLeague Team: Molly Dowd, Ana Tittmann, Genevieve Bushey, Olivia Forstmann and Madison Simonds.


We went from no team to \#2 in the league. Laura Bushey is a legend for saving our team. -Olivia Forstmann

## TEAM MEMBERS

Coach John McGuire
Spencer Krenitsky
Jace Tomaino
Michael Hanlon
Holden Marks
Ryan Dorn
Zach Ongley
Not Pictured:
Mitchell Kosciusko


## SEASON HIGHLIGHTS



After a horrendous start because of the weather, the golf team had one of its best seasons in recent history. The team battled for third place in the Berkshire League and eventually did place third with 10-6, and sent five players to the Berkshire League Tournament. Zach Ongley finished in the top seven and then qualified as a Berkshire League All-Star.

The team has been led by captain Zach Ongley, junior, and sophomore Mason Weigold. Also playing well were juniors Holden Marks, Dean Saccardi, and Marcus Winburn.

## -Coach John McGuire



## SOFTBALL <br> 



## SEASON

 HIGHLIGHTS. Housy Softball has done great this past year. A lot of new talent that will help the team grow for many years to come. We had more wins than the two previous last seasons, we continue to grow. Senior Captains Lauren Murtagh, Cameron Foley and Autumn Freudenberg along with Junior Captains Christina Winburn and Madelynn Olownia had a great year supporting their young team and bring Housatonic big wins.
## -Coach Rogers



I am extremely proud of the growth our team made this year. We went from being a team that never won, to a team that won a few times and even held one of the best teams to a 1-3 score!" -Lauren Murtagh


TEAM MEMBERS. FRONT: Christina Winburn, Kirstyn Hoage, Mia Tittmann, Cameron Foley, Aliza Luminati, Cande Quenan. BACK: Madelynn Olownia, Emma Walsh, Madison McNealy, Lauren Murtagh, Autumn Freudenberg, Myah Baird, Paige MacNeil, Coach Rogers, Manager: Kristen Galgano.

## $\sqrt{\text { ARSITY BASEBALL }}$



## SEASON HIGHLIGHTS

The Housatonic baseball team returned from what was perhaps one of it's best seasons in school history last year. With many returning players, the Mountaineers hoped to make another run deep into the state tournament. The season highlight was the Mountaineers blasting four home runs against Lewis Mills, but in a losing effort. -Connor Toffey





# ACADEMIC LIFE 



WELDING IN TECH ED. A student welds together horse shoes.

# SCIENCE 



LEFT-RIGHT FROM TOP
AP Environmental Science on a field trip; inquisitive Chemistry students; Mr. Lovejoy and Roxana Hurlburt conducting projectile motion experiments; Marine Biology students out in the field working with marine biologists on board their research vessel at Norwalk Aquarium; Chemistry students testing the contents of a substance using the flame test; Marine Biology students creating sea perches; pre-lab instructions with Mr. Douglas; Science 9 students during the mole challenge.




It's been an exciting year in Social Studies. We revamped thi entire curriculum for 9 th and 10th grade. Our 9th graders are now taking Global History in which they researched and created projects and presentations representing the similarities and differences across several early civilizations. They also researched the Medieval Period through Arthurian Legends and Coat d' Arms. Our 10th graders are taking Global History II in which they also completed research projects and primary source analysis about societies since the late 1800s. In US History, juniors took field trips to Sturbridge Village (they put everyone to work) where they made movies about the changing aspects of


SOCIAL STUDIES
American life between 1790 and 1830, and to the Franklin Roosevelt Library where they examine original documents to answer questions about whether FDR knew about Pearl Harbor and whether internment of Japanese Americans was justified. Students in ECE US History began a multi-year project to tell the story of African American Civil War soldiers from Litchfield County through building a website. They also participated in an oral history festival investigating HVRHS in the 1960s. Seniors in History 12 H partnered with the Taconic Learning Center to facilitate the Great Decisions course. Civic Life \& Documentary Film students made documentaries about issues facing our world. For their documentaries, students interviewed UConn Executive Director Brian Boecherer about grading practices, Hartford Courant journalist Russell Blair about police and community relations, and State Rep. Charlie Stallworth about undocumented citizens and refugees in CT. -Mr Vermilyea


LEFT-RIGHT FROM TOP. Parallel Socratic Seminars analyze the success and legacy of the populists; Oral history day with Housy alumni who bring photos, yearbooks, and stories; Student create Odysseus and


Penelope's love letters after reading The Odyssey; Psychology students debate parenting issues; Sturbridge field trip; Mr. Vermilyea and students visit with a student from our Chinese sister school; Hannah An creates a Coat d' Arms; Civic Life students conduct and film an interview; and they interview Representative Stallworth.


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What good is the warmth of summer, without the cold of winter to give it sweetness." -John Steinbeck


LEFT-RIGHT FROM TOP.
English 9 students read Of Mice and Men while listening to Mr. Osora's dynamic reading; Arieh Saed reads Othello; Ben Soper studies in Literary Genres; Ms. Freese reads Othello to students; Shane Stampfle and Marin Montoya read Shakespeare; Gabe Castro-Cruz and Jeffrey Palmer work on projects; Elizabeth Ovitt works on the writing process with Ms. Bennett.
 the Kent Art Association's annual Student Art Show. Ella Matsudiara won the Award for Excellence at the show for her marvelous painting. Also, Two Walls Gallery displayed the color photography of Housy alum, Tara Nugent. Student interns run the gallery, Tianna Togninalli, Ella Matsidaira, and Valerie Lenis.


RGHT: Emerson Rinehart's art will be displayed in the Public Health Committee Room at the state Legislative building.


PRE- \&
POST-
TESTS
Right:
Beginning
drawing
students

draw two
self portraits: one pre-instruction and one post-instruction.


CONGRATULATIONS to Ewa Urbanowicz and Emily Abbott for CAS Outstanding Art Award.




The Small Animal Science Lab fostered 22 cats this school year. (four families) through The Little Guild of St. Francis in West Cornwall. By fostering, students learned cat anatomy, physiology, and reproduction; cat $\rightarrow$ management; kitten and neonate care; and veterinary science such as vaccines, restraint, first aid, and medical care. Nearly all of the cats found homes within the community, including several to faculty and student families.
-Ms. Martin


Agriculture
TOP LEFT: Mr. Burdick with Robert Murtagh, Nolan Stoddard, and Jamaeson Russin in Ag Mechanics class. NEXT 3 PHOTOS: Erin Sheehan, Sammy Starr, and Tyler A educating visitors at the Ag Open House. MIDDLE: The first family we fostered, during Small Animal Science Class. BOTTOM: Will Wandal completing chores in the green house; Ben Soper and Patrick Kennedy at the barn; students on the Ag scavenger hunt; Mr. Moran working one-on-one with a student during Greenhouse and Botany Management; Bryan RiveraQuinones unloading supplies in the workshop.


LEFT TO RIGHT: In Graphics class, Alyssa Olney and Aubrey Johnson create outdoor banners for the baseball team; James McGuire fixes Mr. Krupa's piano bench in Metals class; Mr. Christinat helps Asa Franson create an intricate design; Mackenzie Hunter screen prints teeshirts for Mr. Housatonic crew members; students visit Lincoln Technical Institute.

## P.E.

NOT JUST GAMES ANYMORE
RIGHT: Mr. Tripp demonstrates how to get out of a chokehold. BELOW: Chad Lowell careens down a zipline. April Bautista climbs a tree to reach the ropes course.




## World LANGUAGES

Housy Students Rank Nationally on Foreign Language Exam
Congratulations to Mountaineers who earned national recognition for excellent performance on the National Exams in French, Spanish or German. Students were evaluated for their written, oral and listening comprehension skills. FRENCH Honorable Mention - Mia Tittmann, Derek Elias, Melissa Mauri, Miri Rhinehart, Julia Hernandez, Abby Vandeusen. SPANISH Silver Medal Victor Flores, Marijke Stiffler, Ivan Pascasio; Bronze Medal - Lindsey Clark; Honorable Mention - Elias Abbott, Hannah An, Valentina Arango, Aidan McCarthy, Neve O'Connell, Marin Montoya, Donovan McCray, Juan Sanchez. GERMAN Bronze Medal - Jared Taylor, Soren Clulow, Lusanna Munson; Honorable Mention - Caleb Shpur.



Our Personal, Social, Academic, College \& Career Counselors
The school counseling staff isn't focused only on graduation credits and course selection. Counselors focus on the academic success, college and career readiness, and socialemotional development of all students, as well as the overall culture of the school. The office put on activities such as pep rallies and the Wonder Woman extravaganza at Halloween. LEFT-RIGHT FROM TOP: Dr. O'Neill, Mr. Vermilyea, and interested students visit New York City to explore careers in history; Sudents at the Career Cafe learn from a conversation with Rafe Churchill about career opportunities in the area, the value of being bilingual, understanding the importance of working your way up, observing others, and communicating clearly; Allison Black's broadcasting job shadow at WSFB; Megan Foley's physical therapy job shadow at Geer; Luis Ixim Coc's job shadow ,ith Salisbury School's athletic trainer; Students at UConn exploring careers in the medical sciences; Students exploring ıanufacturing at Canaan's Becton Dickinson plant and learning how entry level jobs provide opportunities for advancement I career, education, and training; Kimberly Rock from Bard College at Simon Rock and Jennifer Wiegel of McGee Media jeak with students in our College \& Career Center about careers in accounting and marketing.

## School Counseling




Housatonic Valley Regional High School takes pride in the leadership and educational talents of each of our departments. The HVRHS faculty and staff promote personal and academic growth, as well as independence.


ALGEBRA ANYONE? Dr. Fellows contemplates Kadie Ford's thought. provoking question.
TOP PHOTO. Halloween brought out the Wonder Woman in faculty and staff.....you go, girls!



DRAWING CLASS. The masterful Mr. Prindle, our talented and accomplished art teacher, provides individual attention during drawing class: David Choi and Amber -lumiston


TAG TEAM TEACHERS. Ms. Bucco and Ms. Messina masterfully weave together literature, writing, and history in their co-taught humanities course.

# WeAre FACULTY \& STAFF 




Mark Burdick


Tyler Burdick
Ther


Karen
Davenport
Melanie Cullerton


Alexandra Ferraro


Julie Lang


Cindy Fuller


Mike Lazzaro


Vance Cannon


Gale Caruso


Francisco Charles


John Christinat


John Duval
Kimberly
Durley


Letitia Garcia- Richard Greco
Tripp


John Lizzi


Susan Harris


Sara Jack

John


Lindsley
Colligan


Rosanne Costa


Scott Fellows
Jacqueline Fenn


Barbara Johnson

Thomas Krupa Marsicano


Christine
Jose Martinez


Not Pictured: Erika Carlson John Connelly David John Douglas Beth Foulds
Not Pictured: Erika Carlson John Connelly David John Douglas Beth Foulds Cammiel Hussey Katelyn Kearns Nancy Martin Christiane Olson

Shannon Freese Gretchen Hachmeister
Patricia Rimany Bradford Sincovic Kevin Wheeler


Ar. Vermilyea and Ms. Veatch looking dapper.


Clockwise from top: Faculty elves delivering holiday spirit; Ms. Monico during a writing lesson; Mr. Moran leading an FFA meeting.



## UNDERCLASSMEN



PROJECTS. Nikkole Blouin and Elizabeth Ovitt give each other pointers during a class project.

HUGS ANYONE? Lindsey Clark, Valerie Lenis, Molly O'Connor, and Genevieve Bushey silly in Social Studies.

# WeAre FRESHMEN 




Freshman Council


FRONT Ms. Bucco Hannah An Emerson Rinehart Aidan McCarthy NOT PICTURED Elaine Dekker Ms. Messina

Ken Zeng

# WeAre SOPHOMORES 




Kevin Arango


Ryan Ashman


Myah Baird


Aidan Barr


Briceson Barry


Zadykiel
Bevans


Lily Bibro


Allison Black


Genevieve Bushey


Lindsey Clark


Christopher Duntz


Madisson Clark


Derek Elias


Benjamin Gruen


Dylan Crump


Kawliga Ellis


Jessy Haggard UNDERCLASSMEN


Not Pictured: Luke Arno Madison Bailey April Bautista Nikkole Blouin Gabriel Castro-Cruz Colby Hickey Maximilian Klomp Aidan Marks Luke Mollica Riley Mollica

Tyler Neal
Mary Riccardelli Daniel Saed Shirleen Santiago Jordan Shaw Jacob Smith Harrison Tillou Patience Tindall William Wandall

SOPHOMORE COUNCIL



# MeAre JUNIORS 

Cameron
Ackerman Faedi


Matthew Buxton


Lilian Culbreth


Sean Caiati


Madeline Dekker


Charlotte Herde


Sadie Grusauski


Elijah Johnson


Anujit Kongkasri


Mitchell
Kosciusko


Robert Hoefer Alyssa Holback Sean Holback



Gillian Hudson


Annabelle
Kovacs



Manuela Bonett


Matthew Chin Sydney Clark
Carianne Callinan


Aidan Dillon



The 2018 senior class is gearing up to move on. Credits are counted, college acceptances and jobs are lined up, and caps and gowns are ordered. Seniors begin to feel nostalgic as the year winds down and the weather warms, indicating that graduation is around the corner.


SENIOR MATHEMATICIANS. Will Fallon and Paul Bannister work together to problem-solve.
TOP PHOTO. Seniors enjoy the antics during the Turkey Olympics.

# WeAre SENIORS 



Emily Abbott


Abigail Adam


Cole Anderson


Megan Baldesseri


Paul Bannister


Spencer Barry


Samuel Besmer


Donald Blodgett


Rayne Brown


Cassidy Burcroff Jacob Burcroff


Eliana Calhoun


David Choi


CAMRYN DESROCHERS


William Fallon



Ryan Considine


Johan Diaz


Cameron Foley


Konnor Curtis


Molly Dowd


Olivia Forstmann


Emily Geyselaers Makenzie Gilpatric Richard Gleason WE ARE MAJESTIC $\qquad$


Elias Hill


CHRISTOPHER HOYt


Nicholas Hiller


Amber Humiston


Alison Holmes


Kitiara Hunter


Jonathan Howland


Roxana Hurlburt


ISABELLE KAPLAN


Mehali Kasimis


Alex Kellner


Connor Kellner


PATRICK KENNEDY


Lukas Kosko


Richard Krenitsky


Rebekah Larson


MAYA LIGHT


TEAGAN LYNCH


Joshua Moore


Massyl Mallem


LAUREN MURTAGH


CONNOR MCGUIRE


QUINN MOODY


Norah O'Dea


HANNAH QuIroz


Alyssa Olney


Cody Reid

DARTANIAN
OYANADEL


SOFIA RINCON


MARIA CANDELARIA Quenan


ANTHONY ROBARGE



Nolan Stoddard


Nicholas SubyBrown


JARED TAYLOR


Juliana Tittmann


Thomas SODERSTORM


CHELSEA SWALLER


CONNOR TOFFEY


Chloe Turner


KARYNA TYMCHUK


Benjamin Upson


Ewa Urbanowicz


Alexander Vernali


LEONARDO Villanes-Medina


Samuel Williams


Ayden Zucco

## SENIOR COUNCIL



FRONT Hannah Quiroz
Teagan Lynch Autumn Freudenberg
Sydney Sears
Emily Geyselaers BACK Katharine Winsser Norah O'Dea Roxana Hurlburt Olivia Forstmann Mr. Samaha



The beloved class advisor, Mr. Larry Peck



## Mr. HOUSATONIC

"Hi, we're your weather girls. And, it's raining men."




Ald the highly sought after tite of Mr. Housatonic 2018, goes to Massyl Mallem!


THE SAUCY SEVEN The Interview \& Un/Talent
MASSYL MALLEM


The opening act was the boys showing off their moves with a dance choreographed by Olivia McCarthy, Sarah Cattelan, and Maebel Spencer. They danced to It's Raining Men by the Weather Girls. Each of the seven then had their chance to impress the judges by showing off their personality outfits. Next was "Question and


Happy Birthday, Howland! Our tech producer, gets pied as the grand finale.




## SENIORS LEAVE THEIR MARK Before Moving On

Each year the seniors contribute their own photographs, share a favorite quote, and compose a farewell message. Here, they share their accomplishments, gratitudes, and goodbyes. Congratulations and good luck, class of 2018!


Chorus 10, 11, Pres 12; Night Choir 11, 12; Sweethearts 12; Armstrong Memorial Art Prize 11; HVRHS Fine Arts Society VP 12; Senior Lounge
Mural Artist 12; National Honor Society 11, 12; Superintendent's Award 12

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the $b$ bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover. -Mark Twain

## MEgAN BALDEssERI


"There are no regrets in life. Just lessons." Jennifer Aniston



Cole Anderson
FFA 9, 10, 11, 12


Cross Country 10,11 , Captain 12 ; Tennis 9, 10, 11, 12; Debate 9, 12; Self Defense 10, 11, 12 All things considered it was a pretty fun time. Everyone was right, reality becomes a memory before you can blink. If anyone is reading this, and still has the opportunity, DO EVERYTHING, sports, dubs, shows, activities. It's hard but youll thank yourself after.
PAUL BANNISTER


Never be afraid to stand up for what is right

## Spencer Barry

To whomever is reading this $1,10,20$, 30 and so on many years from now, I genuinely hope you are doing well. Please reach out to me even if we weren't the best of friends at the time of my writing this.


FFA 9, 10, 11, 12; Lacrosse 9,10; Football 10; Basketball 10,11, Captain 12; Track 11, Captain 12;

"Your life is limited, so spend it doing things you enjoy; don't let your biggest regrets be the things you didn't do."-me

## Rayne Brown

"You must always remember you are braver than you believe, stronger than you seem, and smarter than you think." -Christopher Robin


## Jacob Burcroff

Thank you to my family, friends, teammates, and coaches who have helped me make my way


Soccer 9,10,11, Captain 12; Hockey 10,11,12; Lacrosse 9,10

"Just wing it."

## DONALD Blodgett D

I'm glad I finally made it through high school. Never thought I would say those words.

"Trump won't become president. "-They

## CASSIDY BURCROFF

FFA 9, 10, 11, 12

"Thanks for nothing. "

Eliana Calhoun
Band 9,10,11,12; Jazz Band 9,10,11,12; Chorus 12; Night Chorus 9,10; Sweethearts 9,10;

Swim Team 9,12; Lacrosse 12

"Do you have any snacks?"


Marco de Pascali Pepe
Musical 12 ; Mr. Housa tonic 12; AFS 12


Sweet as a cake and shadier than a palm tree

RYaN CONSIDINE
Cross Country 9, 10, 11, 12; FFA
9, 10, 11, 12


## Konnor Curtis

NH, RG, WF, BU and DO, thanks for making school bearable.

Cross Country 9, 10, 11, 12; HMTS 9, 10, 11, 12; Jazz Band 12; Debate Team 12


## Johan Diaz



## Benjamin Eckstein Band 9, 10, 11,12



## CAMERON FOLEY

Cammy. 123
Shout out to my mother and father for holding me to high standards. To all of the friends and relationships I've gained and lost throughout these four years, we have some I guess you can say memories. Ms. A, I will miss you the most. Peace out,

"Did I do something wrong officer?" -Unknown

## MOLLY Dowd

Thank you to my family, friends, coaches, and teachers for supporting and helping me get to where I am today. Good luck to all of the seniors!


Soccer 9, 10, 11 Captain 12; Swimming 9; Softball 9; Alpine Skiing 10, 11; Women's Ice Hockey 12; Lacrosse 10, 11, Captain 12; HMTS Backstage Crew 9; Class Council 9, 10, 11, 12; Prom Committee 11; National Honor Society 11, 12

"Be thankful for all the struggles you go through in life. They make you stronger, wiser, and humble. Don't let it break you. Let it make you." -Unknown

WILLIAM FALLON Football 9, 10, 11, Captain 12; Wrestling 9 , Will 10, 11, 12 (Captain all 4 years); Baseball 9 , 10; Track 12; Debate: 12; FFA 9, 10, 11


If you're reading this... it's already too late.
"Have fun and be yourself."

## OLIVIA FORSTMANN



Thank you to the faculty and staff of HVRHS for making Housy a safe place to learn and especially thanks to the guys and gals who made Housy fun.


Soccer 9; Basketball 9,10,11, Captain 12; Lacrosse 9,10,11, Captain 12; Volleyball 12; Class Council 10,11,12

"It is what it is."

## Autumn Freudenberg

Thank you to everyone who ever believed in me. Thank you to my family, friends, and peers. Good luck to everyone and thanks for all of the memories.


"You are not going to graduate...," John Duval. "Look at me now," Autumn Freudenberg.

KRISTEN GALGANO to GT, Mr. A huge thank you to GT, Mr Samaha, Ms. Bate, and Mrs. D for putting up with me and making my time at Housy better than I imagined. JS, AH and more - thank you for the amazing memories!


Cross Country 10,11, Captain 12; FFA 9, Sentinel 10, Jr. Advisor 11, 12; Housatonic Musical Theater Society 11; Softball Manager 11,12

"I can't wait until you graduate so I can be mean to you all the time." -Ms Bate

## Emily Geyselaers



Bye, Housy! Thanks for everything!!


Varsity Soccer 9, 10, 11, Captain \& first team all league 12; Varsity Basketball 9, 10, 11, Captain \& first team all league 12; Track \& Field 9, 10,11 , Captain 12 , first team all league all 4 years

"Do what you like; like what you do.

Richard Gleason


## Makenzie Gilpatric



ELIAS HILL Varsity soccer 10, 11, Captain 12; Varsity Lacrosse 10; Musical Productions 10, 11; Student government 11, Historian 12; National Honor Society 11, 12; Envirothon 12; Band 10; Tennis 11



## Jonathan Howland

Yearbook 12; Homecoming Dance DJ 12; Mr Housatonic Technical Producer 12

"Ugh, it's Howland. "

Switching high schools was not so bad. Well, it was not the smoothest sailing but it all worked out. Some how I can't say I hated it here.
Thank you to the people who got me through it. As for the rest of my class, use your heads and you will do just fine.

## Amber Humiston

Soccer 9; Lacrosse 9,10,11; FFA 10,11,12

"You need the bad days to appreciate the good ones, so make the best of it."

## Alison Holmes



Field Hockey 9; Cross Country $10,11,12$, Captain 12; Basketball 9, 10, 11, 12; Track and Field 9, 10, 11, 12, Captain 12; FFA 10, 11, 12; Student Government 9, 10, 11


Christopher Hoyt


Kitiara Hinter


Thanks, bye.



Soccer 9,10,11; Envirothon: 9,10; FFA 9,10,11,12; Sponsored Downhill Skateboarder 10,11,12

"They call it the American Dream because you have to

I've survived off spinach. I recommend you do the same; don't let this scrimmage diminish your image.
 be asleep to see it." - Capital Steez

## Mehali Kasimis

They thought I would die but

## Connor Kellner



FFA
"Ask the sheep for their beliefs; do you kill on gods command?" -Dave Mustaine

Isabelle Kaplan 1284 I want to thank ever yone in mylife for helping me get this far and for helping me get ready to go even further! I want to thank the people who were there for me when I needed a shoulder to cry on! I especially want to thank all of the Ag teachers for helping me and inspiring me! Thanks for all that you do!

"Every sixty seconds you spend upset is a minute of happiness you'll never get back." -Andy Biersack

ALEX KELLNER
Basketball 9, 10, 11, 12
Track 10
Baseball 9
FFA 12

"Ag bathroom."

## Patrick Kennedy

Par
Gym Class 9, 10, 11, 12;
Bye, Mr. Duval.

"Wanna see my pigs?"

## Lukas Kosko


"The only thing that got in the way of my learning was my education."
-Drew Knowles

RICHARO KRENITSKT 2
Take that small extr a step in everything you do, a smile, a thumbs-up, a helping hand and you will feel the return in your heart.


Baseball 9,10,11; Debate Team $9,10,11$; Golf Team 12; School Band 10,11,12; National Honor Society 12

"Smile... and the world will smile with you."

## Rebekah Larson

Huge thank you to all my teachers for being so supportive and caring the past few years.


Acorn 10, 11; Musical 10, 11, 12; Wordfest 11; Art Garage 10, 11,

12; Swim team 10


## TEAGAN LYNCH

Varsity Soccer 9, 10, 11,12 JV Basketball 9 Varsity Tennis 10
Bye bye, Housy.


## MASSYL MALLEM

Thank you HVRHS community for making me feel welcomed, appreciated, \& for making my integration smooth \& successful. Especially Mr. Bayer \& Mr. Vermilyea for making me passionate about history, Mr. Lizzi for introducing me to debate \& making it an integral part of my life, \& thank you to Mr. Osora \& Mr. Cannon for making me laugh on a daily basis. And of course, I can't forget all that Ms. Veatch \& GT did for me \& my family; I will never forget you.

Soccer 10; Swimming 10; Track \& Field 10; Cross Country 11; Chess 10, 11, best in school 12; Academic Bowl 12; Mr.
Housatonic 12; Debate 11, Captain 12, Yale University Debate Tournament - First Speaker


CONNOR MCGUIRE

"My ambition is handicapped by laziness. " -Charles Bykowski

## calvin o'connor@al

Thanks to my family and everyone who has been with me for these four years and before then. Big thanks to the boys in Hoozee Ed.

Soccer 9, 10, 11, Captain 12; Basketball 9; Ski Team 10, 11, 12; Baseball 9, 10, 11, 12


QUINN MOODY
Goodbye Housy!
Basketball 10, 11

"It was all a dream." -Christopher Wallace

## Lauren Murtagh <br> Soccer 9, 10, 11, 12; Swim Team 9, 10, 11, Captain 12; Softball $9,10,11$, Captain 12; FFA 10, Secretary 11, President 12; Concert Band 9, 10, 11, <br> 12; Night Choir/Sweethearts 11, 12 <br> Thank you to $m \mathrm{y}$ advisors for teaching me how to be the leader I am today, to my teachers for putting up with my crazy FFA schedule and of course my parents for supporting me no matter what! To my fellow snake hunters, I did it for you and our secret meetings. I'm so thankful for everything Housy has given me these past four years! <br> 

NORAH O'DEA


Student Government 9, 10, 11, 12; Class Council 9, 10, 11, 12; Class President 11, 12; Lacrosse 9, 10, 11


Norah, do not do something stupid for your senior quote. You'll embarrass me." - My mom

## Alyssa Olney


"If you are reading this then this is for you. Every word you read.. is another second off your life.. Don't you have other things to do?.. Or are you so impressed that you give respect to all that claim it? Do you read everything you're supposed to read? Do you think everything you're supposed to think?.. Start a fight. Prove you're alive. If you don't claim your humanity you will become a statistic. You have been warned." Chuck Palahniuk, Fight Club

## MARIA CANDELARIA Quenan

Canale
Field Hockey 12;
Softball 12; AFS 12

"It's not a trip or a vacation; it's a second life."

## Dartanian Oyanadel Dart



Cross Country 12
Band 9, 10, 11, 12

It's only now that I realize the first 18 years of your life are like a free trial. After that, it's pay to play.
"The Dude Abides" -The Dude

## HANNAH QUIROZ

Girls Varsity Soccer 9, 10, 11,12

"Thanks for all the education but now it's time to hit the poles." - Anonymous

## Cody Reid



SOFIA RINCON
Field Hockey 10, 11, Captain 12; SGA $9,10,11$; FFA $10,11,12$

"We did not come to fear the future. We came here to shape it" - Barack Obama

## ANTHONY ROBARGE



## JACK SCARPA

Try to have the best outlook on life and do your best. Whatever you do in life always laugh, smile, and most impor tantly always have fun.


Cross Country 9,
10, 11, Captain 12;
Hockey 12; Tennis
9, 10, 11, Captain
12; SGA 11,
Treasurer 12
"I have no idea what
I'm doing, but I
know I'm doing it
well" - Andy Dwyer

## JESSICA SERNA

For FFA and the hard working teachers in this school. For Ms. Caruso and Mr. Cannon, for welcoming me into your office every day, all day. For AH KG MH TT JD LC MM AC, TS BR AM BB XJ and so many more... For Dunkin Donuts. For momma and dad. For Grandma Roy. I have not enough space to thank you for everything you did for me.
Thank you.

Soccer 9, 10, 11, 12; Basketball 9, $10,11,12$; Tennis $9,10,11$, Captain 12; FFA 9, 10, 11, 12; National Honor Society 11, 12

"It's Tuesday." -group chat

## JUAN SANCHEZ

I thank my family and friends for being there and making my high sch ool experience unforgettable.

"The only person you are destined to become is the person you decide to be." -Ralph Waldo Emerson

## Sydney Sears



ISAAC SHAPIRO



## THOMAS SODERSTROM

Tom


## NoLAN Stoddard

I want to thank Mr. Burdick and Mrs. Davenport for everything they have done for me. I really appreciate it.

FFA $10,11,12$; Ice Hockey 10


Abigail Silvernail afey
FFA 9, 10, 11, 12

"To the window..."-Lil' Jon

## BENJAMIN SOPER

Ben


Nicholas Suby-Brgwn Nuck

Band 9, 10, 11, Vice President 12; Chorus 12; Jazz Band 12; Robotics 10, 11, Captain 12 I want to thank everyone who has helped me out and beenthere for me throughout high school. Farewell to all of my fellow seniors. We never know what the future holds for us,


"Our lives are like the wind.. or like sounds.
We come into being,
resonate with each other...
Then fade away."
-Hayao Miyazaki

## Chelsea Swaller



Jared TAyLor
Debate Team 9, 10, 11, 12
Band 9, 10, 11, 12


CONNOR TOFFEY Hockey 9,10, Captain 11 and 12 ;
Baseball $9,10,11$, Captain 12

"Issa Knife."

Kimberly Tarala
Kim


## ANA Tittmann $\sqrt{ } 19$

Lacrosse 9,10,11, Captain 12; Ice Hockey 12 ; Volleyball 12; Field Hockey 11; National Honor Society 12

I owe itt omy family, friends and faculty for making my experience at Housy one to remember. The memories will forever stay young.


Let's dance in style Let's dance for a while ///JAYZ

## Chloe Turner



Soccer 9, 10, 11, 12; Basketball 9, 10; Softball 10, 11, 12; FFA 9, 10,

"Great minds discuss ideas;
average minds discuss events; small minds discuss people." -Eleanor Roosevelt

## KARYNA TYMCHUK

 Concert Choir 9, 10, Bass Section Leader 11, 12, Vice President 12; Night Choir/Heartbreakers 10, 11,

12; Theater $10,11,12$; Cross Country 9, 10, 11, 12; Tennis 9, 10, 11, 12

"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style. "-Dr. Maya Angelou

## alexander Vernali Alex


"When life gives you lemons, you probably just found lemons. -Bo Burnham

## Leonardo Villanes



## Ryan Washburn



## Zachary Wilkinson <br> Zach

How lucky am I to have something that makes saying goodbye so hard. I would like to thank the students and faculty for making my four years of high school unforgettable. Best of luck to all!


Soccer 9, 10, 11, Captain 12 Hockey 11, 12; Lacrosse 9, 10

* learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear." -Nelson Mandela

Samuel Williams Cubl
I want school to be enjoyable for everyone. Being overworked can harmful.
 and create music and love." Bob Marley.


## KATHARINE WINSSER



## skrier wooo Shee-wood



FFA 12; STC Music Recording; Band 9, 10, 11, 12
"If you don't bleed, you're not working." -Ed Burke

## THANK YOU, MR. SAMAHA OUR HEROIC ADVISOR

The senior class would like to extend a huge amount of gratitude and thanks to Mr. Samaha. From agreeing to advise our crazy class last minute, to being everyone's best friend, he has supported and helped us all out so much this past year. Without his
 guidance, our class would surely not be in the shape it is in. We appreciate all of your extra hours, hard work, and genuine care for our class, Mr. Samaha. You will definitely have some visitors next year! Thank you!

Sincerely yours,
The Class of 2018



## Abigail Adam

Congrats, Abby! We could not be more proud of you. May you "go forth and set the world on fire" (St. Ignatius of Loyola), humbly remember your roots, and may happiness always illuminate the road ahead. Love,
Mom, Dad \& Emma


Emily L L Abbott
You did it
'Ouisie Mae!!! And we're SO proud of you!!!!!

Love Mom, Eli, J, WC, BE, P.
F, Q, M \& B

## Richard Gleason

We are very proud of you and the man that you've become. God gave us a great gift when he created you...You can have all the success in the world as long as you work hard. We love you, God Bless and Keep the Faith.


You did it, Rebekah! Though she be but little, she is fierce, and clothed with strength.


## Congratulations to the

 Class of 2018

## from the 21st Century Fund for HVRHS

Supporting innovative and enriching education at Housy

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Cole Anderson Megan Baldesseri~ Spencer Barry ~ Cassidy Burcroff~ Ryan Considine~ Cameryn Desrochers~ Johan Diaz~ Benjamin Eckstein~ Cameron Foley~ Kristen Galgano ~ Richard Gleason~ Alison Holmes- Amber Hummiston~ Kitiara Hunter- Roxana Hurlhurt~ Isabelle Kaplan ~ MehaliKasimis Connor Kellner~Alex Kellner- Patrick Kennedy~ Lukas Kosko~ Connor McGuire~ Lauren Murtagh-Cody Reid~Sofia Rincon~ Anthony Roharge-Jessica Serna Isaac Shapiro - Taylor Sherwood-Abigail Silvernail- Benjamin Soper- Nolan Stoddard-Chelsea Swaller-Kimberly Tarala-Chloe Turner~Jada Wilson, Katharine Winsser

Housatonic Valley FFA Alumni

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## ACKNOWLEDGMENTS

SONJA HENKE Herff Jones Representative (All-around awesome, talented, and genuinely good person.) Jeremy Himmelberg Herff Jones Artist (All we can say is, "Wow, Dude.") JILL CAMBURAKO Herff Jones Customer Service (Our behind-the-scenes hero.)
TIM ROSA \& JILL ELLARD LifeTouch Photography (Always there, always ready, always reliable.) Kim MCLEOD \& WARREN PRINDLE Previous Advisor \& Art Teacher (Endless guidance and support.) HoUsATONIC STUDENTS, FACULTY, COACHES \& PARENTS The People for Whom We

Create This Book (Thanks for your eagerness to answer our stream of questions, share photos, gather information, and provide invaluable help in creating this book with you and for you.)

With Gratitude,
The White Oak Staffe

## YEATBOOB

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## ROSANNE COSTA



## WHHE OAK YEARBOOK ADVHER Achievement $\&$ Excellence Award

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IS A LOVE LETTER

A SCHOOL WRITES TO ITSELF."
// Patcomoy

## THANKS FOR LETTING US HELP WRITE YOUR SCHOOL'S HISTORY.

## Housatonic Valley Regional High School CLASS OF 2018

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Paul Bannister Spencer Barry Samuel Besmer Donald Blodgett Rayne Brown Cassidy Burcroff Jacob Burcroff Eliana Calhoun David Choi Ryan Considine Wesley Coon Konnor Curtis Marco de Pascali Pepe
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